

# PHOSPHORUS DEFICIENCY

PHOSPHORUS  
IN NZ DAIRY

MILKMAP  
CONSULTING

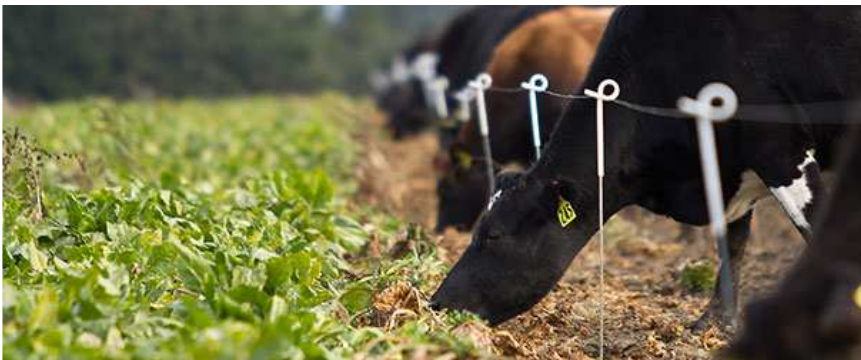


Photo: Courtesy NZ Farmsource

## Deficiency

Phosphorus (P) is the mineral most frequently associated with infertility in dairy cows.

Under normal conditions, a P deficiency in dairy cows will result in:

- Poor appetite
- Poor production,
- Pica (craving /eating of abnormal materials)
- Reproductive disturbances/ infertility.

A moderate deficiency in P may be associated with cows not conceiving when mated, while a more severe deficiency can extend postpartum anestrus (non-cycling activity post calving) due to inactive ovaries.

- Studies showed 2.8-3.7 services per conception for heifers on a P deficient diet, this reduced to 1.3 with P supplementation.

**Phosphorus is the second most abundant mineral in the animal body**

- 80% stored in bones/ teeth
  - Key role is bone maintenance and mineralisation
  - Stored 2:1 -Ca: P in the bones
  - Think bricks and mortar, one will not be stored without the other
  - Therefore needs to be in the diet at a minimum 2:1, Ca:P. Up to 8:1 Ca:P is acceptable.
- 20% in tissues and fluids where it is critical for
  - Energy utilization
  - DNA Structure
  - Protein synthesis
  - Fatty acid transfer

(Beede, 2003; Brooks Hv, 1984; Council, 2001; Group, 2015; Horst, 1986; Kincaid, Hillers, & Cronrath, 1981; Manston, 1967; McGrath, 2015; Moellers & Riese, 1988; Suttle, 2010)

# LOW PHOSPHORUS FODDER BEET

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Photo Courtesy: Seedforce

### Issues becoming more apparent

New Zealand dairy farms are seeing an anecdotal increase in empty rates, and poor 6 week in calf rates on farms that are feeding an increasing amount of fodder beet as their winter feed.

### Absorption and Availability

Absorption and availability of P are affected by many dietary factors, most importantly the Ca:P ratio consumed by the cow. Less than 2:1 is deleterious to the cow, not only hindering P and Ca absorption, but is associated with reduced performance and reproductive problems in cows. A high Ca:P ratio will have negative effects too.

Iron will combine with P to form insoluble complexes which is very concerning with the amount of high iron soil that the cows will eat when consuming fodder beet.

### Phosphorus in Fodder beet

- Low mineral concentration
  - Especially Phosphorus
  - 50-70% less when compared with Kale or Pasture
  - Well below NRC recommendations, even for dry stock
- Dry period and late lactation is traditionally when cows will replenish P stores
  - If cows have been restricted then P supplementation must start earlier than dry period to rectify previous winters "mining".

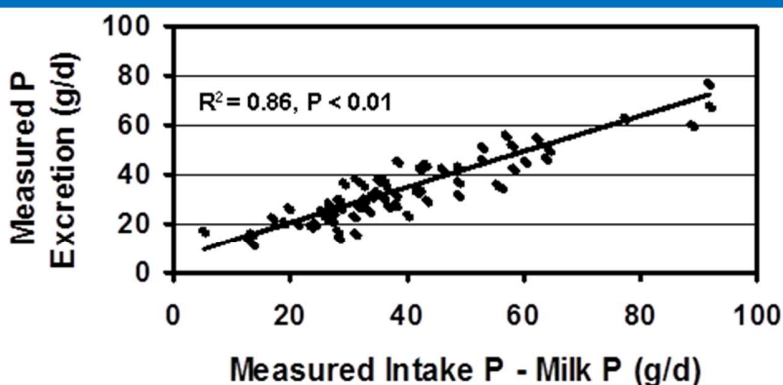
### Other negative interactions

- Potassium and nitrates will negatively affect P absorption
- Magnesium, Ca, Fe, and Aluminum will form insoluble complexes with P
- Lack of strong sunlight (deficient in NZ winter) to create vitamin D, as vitamin D regulates active P and Ca absorption

# PHOSPHORUS SUPPLEMENTATION

## PHOSPHORUS IN NZ DAIRY

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**Figure 1.** Measured phosphorus excretion versus P intake minus milk P secretion from research results from the scientific literature (Beede and Davidson, 1999).

### Phosphorus Absorption Rate has a Limit

As P intake increases beyond requirement, excess P is excreted (above). Therefore, cows that need to build bone stores of P from previous winters on fodder beet will not be able to “make up for lost time” by supplementing with large quantities of P in the coming winter.

Supplementation needs to start earlier to rebuild bone stores before winter.

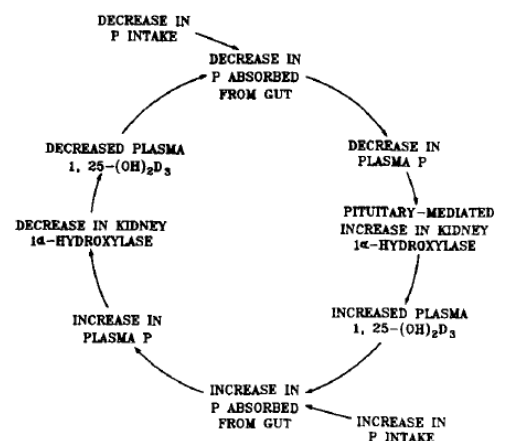
### MilkMap Recommendations

- Feed a high P mineral source when on fodderbeet
- Ensure that P supplementation high enough (recommended dose rates may not be enough)
- If beet is fed at high rates (>4 kg) or long periods (>21 days) then some additional mineral supplementation should be given throughout the season to replace mobilized reserves
- DCP alone will not supply the right ratio of Ca
  - Negative mineral interactions can occur that will limit P absorption
- Continue feeding minerals post calving to minimize further bone depletion from milk production

### NZ winter on fodder beet

- Low P in beet
- Poor Ca:P ratio for bone mineralisation
- Available P can be low with soil iron consumption
- Short period for Ca + P supplementation as Ca should be pulled out prior to calving
- Increasing P requirement from calf fetus (890 g P in the last trimester)

### P supplementation must start earlier than the cows going onto fodder beet, and needs to continue through early lactation to minimise further depletion



**Figure 4.** Mechanism of adaptation to alterations in dietary phosphorus (P). (OH)<sub>2</sub> = Dihydroxy (Hors 1986)

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